PENTAGON SAILING CLUB

_UBBER'S

PSC

February 2010

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State of the Ship Larry Paulson Commodore 2010 commodore@pentagonsailing.org

Volume 7 Issue 2

he 2010 sailing season is

off to a great start. Our January meeting had over 75 people in attendance. We had a lot of achievements in 2009, and even more goals to achieve in 2010, which we covered in our State of the Ship address. Our membership continues to grow, with membership now pushing the 200 mark. This represents a doubling of our size in the last four years.

Our Winter Training Program has had packed rooms and wait lists, which we have tried to address by having extra class offerings. The River Training schedule has been published and already 30% of the slots are taken. The Training Commodore has new bay sailing courses on the calendar. We have also initiated some new training policies.

The Bay program is executing its usual retinue of Memorial Day and Labor Day Raft Ups, as well as the BVI trip. The Bay Commodore is also pushing more coordinated boat owner sails, and encouraging charterers to join those events.

ing with the Training Commodore, is working to bring to fruition our affiliation with the American Sailing Association (ASA). He is also helping to serve as linebacker for a number of other initiatives.

We encourage prospective members to contact the membership commodore or any of the club officers. We look forward to an exciting and fun -filled sailing season.

The Vice Commodore, work-

UPCOMING EVENTS See our web site for details and more events

	February		March
		6	Anchoring, Rafting, and Raft Up Planning
		13	Intro to Basic Racing, Beatley Library
		17	Membership Meeting, McGinty's
17	Membership Meeting, McGinty's	20	Bay Skipper Exam Series, Beatley
20	Boat Systems, Beatley Library	TBD	Training Clinic
27	Piloting and Navigation II, Beatley Library	22	Port Supply Night, West Marine, Alexandria
TBD	Celestial Navigation, Furnari Hall	24	VHF Procedures, Chantilly Library
TBD	VHF Class and First Aid	27-28	Safety at Sea Seminar, Naval Academy

www.pentagonsailing.org

Vice Commodore's Page Tony Skivo vicecommodore@pentagonsailing.org

Vice Commodore's Log 2 February 2010

Fellow PSC Sailors,

Each year that I have been with the club, the club gets bigger, we have more events, and the FUN increases by leaps and bounds. Our winter training classes are full and in execution mode. Most of you should be signing up for River and Bay Classes, or getting ready to sign up as instructors for those events. Lynnette Hupman has an exciting MDRU planned. We are looking at rafting in the western Choptank, and then proceeding to Herrington Harbor North for the last evening. Hal Moore has a typically energized training program scoped out for the year. Get your sign ups in early. Roger Hammer has plans to have the river boats in prime shape for the new season. Tom Cordell and the Racing Squadron cannot wait to get going with a new year.

My principal effort for the first half of the season is to get the ASA affiliation process off the ground. We held up on moving forward last year, until we could get our income tax situation resolved. We have gone ahead and paid our initiation fee of \$1,000. We are now getting pelted with questions on our bylaws and insurance. Once that is resolved, Hal Moore will probably get his training records and standards scrutinized. After that, Roger Hammer will get his boats and facilities inspected. We do not have firm dates on any of these events.

After that, we will start a negotiation process with ASA. We are hoping to offer ASA 101 and 103 qualifications concurrent with our B-KBS award. Our hope is that we can offer the B-KBS course for the same price that we have offered. If you want the ASA qualification in addition to the B-KBS certificate, you would simply pay the extra ASA fee (\$60 approximately) for each level.

We will almost certainly have to put our instructors through the ASA instructor training courses for 201 and 203. We will probably prioritize our existing Lead Instructors for this event. The instructors would have to pay for the instruction (probably in the \$300

range); once the instructors had finished teaching three courses, they would get substantially refunded by the club.

More details to follow, but ASA will offer an exciting qualification option as an attraction for new members.

For our next Membership Meeting in



February, Kristen, the manager of West Marine, will speak on club discounts and upcoming product lines. We will be setting up a Port Supply night for the club on March 22.

> **Tony Skívo** Vice Commodore 2010





Training Corner Hal Moore trainingcommodore@pentagonsailing.org

- Winter Training Program:
 - o Additional set of Piloting / Navigation and Celestial Classes to take care of the wait lists.
 - o Added cruising exam opportunities in January and August, in addition to the previously scheduled March date.
 - o Composite River and Bay clinic (we have not done a recent clinic for the D-CS program).
 - o Working on two first aid / CPR classes.
 - o Working on getting a one day Boating Safety class with proctored exam (unsuccessful thus far)
- Policy Updates:
 - o There is a new updated Training Policy on the website.
 - o New 360 degree feedback program.
 - o Clarification to the waitlist and prioritization philosophy for training events.
 - o On-the-water evals (OTWs) cannot be conducted consecutively by the same instructor.
 - o Procedure to ensure that harnesses and tethers are onboard for all bay sails.
 - o Just so everyone knows, Duane Covino is the Bay Sailing Coordinator
 - § He does the crew list spreadsheet
 - § The Training Commodore is the cruising programs coordinator.
 - o New Early Bird fee, where candidates in the D-CS program can pay \$25 and get head of the line privileges for bay events.

Once the Training Clinics are held, the Bay schedule will be published. Initially, there will be no skipper names appearing on the list. However, the type of skipper will be characterized (Bay SOR, Cruising Instructor, or Senior Cruising Instructor) on the event, so that you can plan for OTWs. Pink shaded sails are more socially oriented. Remember the sails will fill in up very quickly.

We are offering two new events this year: a radar/contact management course and a B-CSN Bootcamp. The contact management course will be offered over the July 4th holiday. There will be a Thursday night session on contact management and maneuvering board. The first group of participants will leave on Sunday morning and return on Monday at mid-day. The second group will depart at Monday noon and return on Tuesday evening. The first class will be offered at \$250 and the second class at \$150, since it involves a weekday. We are able to get the boat for much less on a weekday.

The Bootcamp will take place in August. It is designed to get people who are at the Senior Crew level and push them through the B-CSN level, including completion of the cruising exams. It will be two consecutive weekends from 1800 on Friday through 1800 on Sunday.

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From the Bay Wesley Moy

Planning for the bay sailing season is well underway. The schedule of bay training sails will be posted shortly—if it isn't already up by the time you read this.

We've worked closely with Annapolis Bay Charters and have avoided price increases for the 2010 sailing season. In fact, we're working to reduce the cost of sailing for you.

- On Friday, May 7th you'll see a day sail for \$70. That's not a typo, that's the correct price, about half of the cost of a weekend day sail. Yes, this is a work day. Yes, a Friday will be difficult for some to get away without advanced planning. And yes, the Chesapeake Bay is just as beautiful when there aren't hundreds of boats in your way and in line at the fuel dock. :) this is an experiment with the way charter pricing works. If we have interest, it will be possible add a Friday or Monday to our scheduled sails.
- On July 4th weekend, we have a radar/contact management class. Because the only boat available with radar is a premium boat, this new training session was going to be expensive. We've instead added an extra day and created an additional overnight training opportunity. The Sunday-Monday overnight is priced at \$250, that's \$50 less than a regular weekend overnight sail. The Monday-Tuesday overnight is priced at just \$150, just half of a regular overnight sail.

The three major 2010 bay sailing events have Coordinators and planning is well underway. Details on our major club events are posted to the website.

- Lynnette and Don Hupman are coordinating Memorial Day Raft Up. We have two boats chartered for our first social event on the Bay so space is limited. Our fleet of owned boats will probably bring the total boats participating to over ten as in the past. Check for details on our website. Looks like we're anchoring in the Choptank River and going to Herrington Harbor North.
- Winnie O'Connor is coordinating a July trip to the British Virgin Islands, ably assisted by Charlie Barnes. Looks like we're once again we're chartering those big, beautiful Bavaria sailboats from Horizon Yacht Charters at Nanny Cay, Tortola. In recognition of the importance—and popularity—of this annual venture to the Club, the Bridge voted in January to make this an official PSC event.
- Tom Dunn and Mike Weber are coordinators for LDRU. For those of you not familiar with our training policies, coordinating a raft up is strongly encouraged for all of our skipper candidates. While the work is significant, they have a chance to learn more about the Bay, dealing with marinas, and chartering. Perhaps most importantly, they get plugged in to the club's network of skippers and owners. In advance, thanks to Tom and Mike for volunteering.

The PSC boat Owners Group is an informal collaboration among the nearly 20 PSC members that own boats. Collectively we run the gamut from Mike and Ginett Steiner with their Tartan Offshore Cruising Ketch (TOCK) 41 to Will and Barbara Kelchner's beautiful red hard chined dinghy and many boats in between. We anticipate additional events on the Bay as we get into the sailing season.

See you at the next club meeting!

Wesley Moy, Bay Commodore



On the River Larry Chapman & Roger Hammer

hoy PSC Members,

This has been a banner year for the PSC River Programs. We have seen an unprecedented level of usage in our River Boats, having graduated over 75 B-KBS students this past year. We have an average of three boats out each racing. Last year was a record year for social sails.

If you are interested in social sails, just shoot me and the River Staff with your desired date and time. The cost is \$25 or an FVSM. You can just attach it to the float plan when you are done. KESTREL is still in the water over the winter. Just call the marina to ensure that there is no ice and that the protection boom is up.

In 2008 and 2009, we completed replaced the sails on FALCON and NOVA. This year we will be buying new sails for OSPREY. We will also be buy-



ing a new outboard engine. If we are happy with that model, we will buy four more of the same engines each year.

We need to repaint the Clubhouse this year as well as do annual maintenance on the River Boats. So I am looking forward to getting a lot of assistance. Remember that the club exists on the good will of volunteers.

From your Joint River Commodores, Roger Hammer & Larry Chapman







Membership Update Kate Miller

Membership news that members can use..... PSC Club Member Benefits – Lands' End Merchandise with PSC Logo -- On-line ordering is simple!

The 2010 Bridge encourages members to wave the Pentagon Sailing Club flag – by purchasing clothing and accessories through Lands End with the Pentagon Sailing logo. On-line ordering is simple!

The Pentagon Sailing Club home page at Lands' End Business Outfitters can be reached through the internet at: <u>http://</u> <u>ces.landsend.com/pentagon_sailing_club</u>. This easy access internet link was established specifically for Pentagon Sailing Club members.

Port Supply Night Tony Skivo

The Alexandria West Marine Store will host a special PSC Port Supply Night on Monday evening, 22 March 2010 from 6:30 - 9 PM. Members will be able to purchase West Marine merchandise at the Port Supply discount rate. Port Supply rates varies by product and can be very significant. As a added bonus store manager will raffle off one of the new West Marine Inflatable PFDs that night for us. Tickets are free but you must attend the 22 March event to participate in the raffle. 2010 Memorial Day Raft-up May 29 - 31

2010 PSC Memoríal Day Raft-Up!!!



Our MDRU Raft-Up Theme is: IRELAND ON THE CHESAPEAKE

Raft-Up coordinator Lynnette Hupman is planning another spectacular PSC sailing & social event!!!

Great Sailing
Great Fun
A Great Party
Food
Drinks
Sailor Stories









Here's the plan:

Saturday, May 29th:

- Sail to our anchorage in the Choptank or Little Choptank Rivers (exact location TBD).
- Raft up, entertainments, limericks, food, and drink.

Sunday, May 30th:

- Sail to the <u>Herrington Harbour North Marina</u>, Herring Bay, Deale, Maryland.
- Dinner at the <u>Calypso Bay Dock Bar & Restaurant</u>, 421 Deale Road
 Route 256, Tracey's Landing, Maryland, (410) 867-9787 (menu TBD). There will be a cash Bar.
- Party, awards, more party, and other festivities.

Monday, May 31st:

• Return to home ports.

Signing up as crew or skipper (See Next Page)

Signing up as crew or skipper:

- A non-refundable down payment of only \$100 reserves your place...balance is due NLT 30 days prior to departure date.
- Price per person for the three day sail is \$375 on either of two club boats. Skippers go for half-price. Prices includes early boarding on Friday, May 28th.
- Members going on their first ever PSC Raft-Up will get a \$50.00 discount.
- One FVSM coupon may be used per day (i.e., up to 3 coupons may be used per person for a 3-day Raft-Up).
- Reservations must be received by 26 March 2010.

We are only chartering two boats this year...sign up early so you won't miss out!!

To sign up contact MDRU Coordinator Lynnette Hupman (<u>hupman@erols.com</u>) or phone: 703-730-9671 <u>and</u> mail your <u>Bay Regis-</u> <u>tration Form</u> with your check (payable to "Pentagon Sailing Club") and any FVSM coupons to:

Lynnette Hupman PSC MDRU Coordinator 12808 Reserve Lane Manassas, VA 20112-8852

Private boat owners please plan on joining us: Please provide ALL of the following information to Lynnette Hupman:

- 1. Owner/Skipper's Name and home/cell/boat phone#s/E-mail address
- 2. Boat Name, LOA, Draft, Type (i.e., sloop, catamaran, etc)
- 3. Name(s) of crew
- 4. Intention to join PSC Raft-Up Saturday night? (Yes/No)

5. Intention to join PSC in a marina Sunday night? (Yes/No)

5a. If yes, power needs are: none (1) (2)/30amp/ 50amp

5b. If yes, how many of you will be joining the PSC for dinner Sunday night?

MORE QUESTIONS?

Contact Raft-up Coordinator Lynnette Hupman.





The PSC Leprechaun says, "Top o' the morning to ya and you'll not want to be missing this great event so sign up NOW!!"



Pentagon Sailing Club

Chesapeake Bay Memorial Day Raft-up May 29-31, 2010 IRELAND ON CHE CHESAPEAKE MEMORIAL DAY RAFC-UP

Saturday Night Raft-up Activities:

- Cocktail Hour
- Limerick and Joke Competition
- Song or Dance Competition
- Irish Beverage Tasting

Sunday Night at the Marina Activities:

- Hot Showers and a Great Dinner Ashore
- Competition Awards Presentations
- Melodious Merriment and Perhaps a Jig or Two

Cruising Route:

• Saturday raft-up in the Choptank or Little Choptank Rivers and dock at Herrington Harbour North Marina on Sunday

Only two club boats will be available and space on these boats is very limited. Reserve your space <u>now</u>!

Make your reservation <u>today</u> by sending your MDRU Registration Form and your check payable to <u>Pentagon Sailing Club</u> to: Lynnette Hupman

<u>For More Info &</u> <u>MDRU Sign-up Forms</u> *Visit the PSC Website:* www.pentagonsailing.org Questions??? Contact MDRU Raft-up Coordinator: Lynnette Hupman Phone: 703-730-9671 (H) E-mail: <u>hupman@erols.com</u> Lynnette Hupman PSC MDRU Coordinator 12808 Reserve Lane Manassas, VA 20112-8852





this story: A sailor, a priest, and a leprechaun walk into a bar....

Bonus item for the Saturday night raft-up; finish

Cost is \$375.00 for the Raft-Up. And remember the \$50.00 discount for PSC

sailors going on their first PSC Raft-up. You may also use one FVSM coupon per day of sailing. Reservation cut-off date is 26 March 2010.

Remember to mark your calendars for the fabulous Labor Day Raft-up on 4-6 Sept 2010



Private boat owners.

please join us for a

great weekend...

Contact Lynnette

Training Commodore

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The first weekend will be the Navigation exam and OTW. The second weekend will be the General Knowledge and Rules of the Road exam as well as the B-CSN OTW. The two weekends will involve 96 hours of sailing for a cost of \$500, or 25% of the per hour cost of a day bay sail.



News of Interest Coast Guard to terminate Loran-C signal

PORTSMOUTH, Va. - The Coast Guard Long Range Aids to Navigation-C signal station in Carolina Beach, N.C., is scheduled to stop transmitting after Feb. 8.

As a result of technological advancements during the last 20 years and the emergence of the U.S. **Global** Positioning System, Loran-C is no longer required by the armed forces, the transportation sector or the nation's security interests, and is used by only a small segment of the population. **President Barack**

Obama's fiscal year sary federal pro-2010 budget supported the termination of outdated systems and specifically cited the terrestrial-based North American Loran-C system as such an example.

The President did not seek funding for the Loran-C system in fiscal year 2010. Termination was also supported through the enactment of the 2010 Homeland TRS/. Security Appropriations Bill. The decision to terminate transmission of the Loran-C signal reflects the president's pledge to eliminate unneces-

grams.

The notice may be viewed online at www.regulations.g ov, docket number: USCG-2009-0299. For more information on terminations, reductions and savings contained in the fiscal year 2010 budget. including Loran-C, visit www.whitehouse.g ov/omb/budget/

he PSC is an organization run by volunteers, so we need your help in every single function we provide for our members!

The "Frequent Volunteer Sea

Miles" (FVSM) Program compensates you with coupons for your volunteer time. FSVM coupons can be redeemed for use of the river boats, trips on the Bay, or for other PSC activities like the Holiday Party!

HERE'S HOW IT WORKS: You invest some of your talent and expertise into the club. Every 8 hours that you volunteer earns you a Frequent Volunteer Sea Mile coupon. Each FVSM coupon is worth \$25, and can be redeemed to offset use of the River boats, the cost of a Bay sailing trip or other

PSC activity. FVSM coupons are valid for one year from the date of issue.

This is an exceptional deal! You work at the marina, help maintain boats, instruct in the Basic Sailing Classes, etc. And in return, we'll reward you with Frequent Volunteer Sea Miles! Plus, we'll give you the training you need to do any job right; for most volunteer opportunities, no previous experience is required! Just think, while doing something enjoyable and helping the PSC, you'll collect coupons to use towards great sailing opportunities on the River and the Bay!

The PSC needs your time and commitment in order to survive and thrive ---VOLUNTEER TODAY !!

Safety at Sea Seminar



In Annapolis Maryland for 31 Years! Presented by: The Marine Trades Association of Maryland & The Naval Academy Sailing Squadron

History

The 1979 Fastnet Race disaster caused sailors around the world to rethink their approach to safety at sea. Officers, coaches and sailors at the US Naval Academy responded with the very first Safety at Sea Seminar, a learning experience that has grown into a Naval Academy tradition. Annually, over the last 30 years, sailors from across the country have participated in the continuously evolving event. Today, the program is jointly organized by the Naval Academy Sailing and the Maryland Marine Trades Association. And in late March or early April, just prior to the start of the sailing season, technical experts, premier ocean racers, adventure sailors and sail training professionals blend their expertise in what has become one of the most complete and comprehensive of US Sailing endorsed safety training seminars.

The 2010 event will once again expand the scope of the USNA safety training experience. The two day seminar will cater to both racing sailors and cruisers by offering a dual track curriculum during the advanced training on day two. Cruisers and racers will split up into separate optional training tracks that offer very specific hands-on, small group and actual in-water safety instruction. So whether you're looking for small group interaction with experts discussing voyage planning, vessel preparation and storm avoidance, or want to strap on a PFD, jump in the pool or earn an ISAF approved Offshore Personal Survival Course Certificate, the 2010 USNA Safety at Sea Seminar promises to be the most comprehensive in nearly three decades .

2010 PSC CARIBBEAN TRIP

Once Again we are headed back to the BVI!! Click <u>here</u> for pictures from our 2008 and previous years trips. **Greetings PSC Sailors**,



For many years, members of the Pentagon Sailing Club and their friends have traveled to the British Virgin Islands to sail in one of the finest and most beautiful sailing areas in the world. In 2010 we will do it again.

BVI 2010 flyer (2007 PowerPoint)

<u>Winnie O'Connor</u> is coordinating the 2010 trip. The dates are 10 to 20 July 2010 and there is no restriction on who can go; all PSC Members, their families, and guests will be welcome, but there are only spaces available.

If you haven't been to the BVI before and wish to know more about this destination, take a look at <u>http://www.bviwelcome.com/</u>. If you want to see how much fun PSC has had there in the past, check out the photo gallery on our website (<u>www.pentagonsailing.org/</u> <u>photos.htm/</u>) for a little taste.

WHAT: As in past years, the trip will focus on introducing PSC members, their families, and their friends to the wonders of the Caribbean with over a week of sailing in the British Virgin Islands -- truly one of the most beautiful sailing (and diving/snorkeling) experiences in the world!

WHO: Anyone may go: all PSC Members, their families, and guests are welcome. For insurance reasons, this is an "official" PSC event; it's being arranged as a private charter.

PLEASE NOTE: A VALID PASSPORT is required for travel to BVI. WHERE: Bareboat charter out of Tortola, British Virgin Islands

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WHEN: July 10th through July 20th, 2010. That's right, this year we are getting a full 11 days on the water for the price of only 7 days (we will be able to accommodate those who can't take off more than a week).

CHARTER COMPANY: <u>Horizon Yacht Charters</u>, located at the <u>Nanny Cay Ma-</u> <u>rina</u> on Tortola in the BVI.

BOATS: We have reserved two <u>Bavaria 46 foot yachts</u>, each with three cabins and two heads, and one <u>Lagoon 420 catamarans</u> with four cabins and four heads. We MAY be able to add additional boats, depending on the number of people who want to participate, the number of gualified skippers, and boats available.

ITINERARY: Includes visits to most of the major islands in the BVI: Tortola, Virgin Gorda, Jost Van Dyke, Norman Island, Peter Island, Cooper Island, and Anegada. Most legs of the trip are relatively short and allow ample time to stop for lunch and snorkel or sightsee. Our boats will often spend the night at the same anchorage, which allows crews to eat together ashore. There will also be scuba diving opportunities for any interested divers.

ONE WEEK TRAVELERS: Although we have the boats for 11 days, some people may not be able to take off more than a week. We will try to put those people on the same boat/boats so they can return to the marina at the end of one week (there is no penalty for early return of the boats). If only one or two people must leave early from any boat, they can be dropped off on their departure day at a ferry dock (Road Town or Soper's Hole) for departures from St. Thomas or at the dinghy dock in Trellis Bay (only a short walk from the airport) for departures from Tortola. Please arrange your departure details with your skipper. The trip cost is the same for 7 or 11 days.

FLIGHT ARRANGEMENTS: Participants will be responsible for booking their own flights. You can fly to Beef Island Airport (EIS) on Tortola in the BVI. Alternatively, you can get a flight into St. Thomas (STT) in the U.S. Virgin Islands and take a ferry to Tortola (for about \$50 round trip).

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Right now (Jan 2010), airlines departing the Washington, DC (WAS) area for Tortola have fares less then \$700 (including taxes and fees). Airlines departing the Washington, DC area to St. Thomas have fares less of than \$400 (including taxes and fees).

ARRIVAL PLAN: Whether you are arriving in Tortola, BVI, or St. Thomas, USVI, please make every effort to arrive at the Horizon Yacht Charter Base at the Nanny Cay Marina on (or before) July 9th. Last year most of our crewmembers arrived the day before our charters started allowing almost all of our boats to depart on the first charter day. Picking up the boat requires time to complete such items as the skipper's chart briefing, the boat briefing & checkout, crew briefings, provisioning, etc. so it helps to have everybody there. If you are unable to arrive July 9th, you will need to be at the Horizon Yacht Charter Base by 3:00 PM on Friday July 10th. For those sailing for the full 11 days, please schedule your return home NO EARLIER THAN 3:00 PM, Tuesday, July 20th. The Nanny Cay Hotel offers very convenient lodging at the marina and reasonable rates. http://www.nannycay.com/hotel-rates/. If you would like to spend some extra time in the islands, arrive earlier than July 10th or stay after July 20th. A wide variety of lodging/resorts are read-ily available in the BVI and the USVI.

SAILING EXPERIENCE: No sailing experience is necessary; we expect enough participation by veteran PSC sailors so that every boat will be sufficiently crewed.

CHARTER RATES: As you may know, cats command a premium over monohulls. The advantages of a cat are minimal heeling, speed, space and privacy (separate head access). The advantages of a monohull are tacking, points higher under sail, and less cost. For the cats, the cost per person is \$722 and for the monohulls, the cost per person is \$522. The charter companies have slightly increased their rates this year, but remember that we are getting 11 days on the water so the cost per day is still very reasonable. The price includes hull damage waiver, BVI cruising taxes, and BVI National Park fees. It does not include taxi fares to and from the airport/ferry dock or ferry tickets for those flying into St. Thomas. the final payment amount will be adjusted or the difference will be refunded after the trip.

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OTHER COSTS: There are some other costs that are shared by each boat's crew. Provisions (about \$150/pp) are purchased by each crew upon arrival or ordered prior to arrival. Each crew determines what meals they eat aboard/ ashore. Meals ashore are about \$15-\$30. Mooring fees are normally \$25 per boat. You will also need to purchase ice almost every day and fuel and water when you return the boat at the end of the charter. Groceries are expensive.

TOTAL COST: Estimate ~\$1,500-\$1,600 for everything (flight, taxis, charter, provisions, fuel, incidentals).

TRIP INSURANCE: Things happen, so most charter companies strongly recommend travel insurance. Horizon Yacht Charters recommends <u>CSA Travel Pro-</u> <u>tection</u>. For past trips, some of our members have used AMEX's <u>Global Travel</u> <u>Shield</u>. While your BVI trip coordinator doesn't recommend any particular company or policy, we do recommend that you seriously consider getting travel insurance for your trip. Travel insurance policies that cover trip cancellation, trip interruption, medical, etc., start at about \$35 and go up to \$100 or more for comprehensive policies.

CANCELLATIONS: In the event you need to cancel, we will make every attempt to fill your slot; however, we can't guarantee that we'll be able to provide a refund. Again, we strongly recommend you consider trip insurance.

SIGN UPS & PAYMENTS: To reserve your space contact BVI trip coordinator <u>Winnie O'Connor</u> AND make your \$522 monohull payment or \$722 catamaran payment with at least 50% deposit due by March 1, 2010 with your registration.

SIGN UP NOW: There are only 22 crew slots available, so act now!! Sign up by contacting Winnie O'Connor at <u>BVICoordinator@pentagonsailing.org</u> with your intent and she will tell you where to mail your deposit check or bring your deposit check to the February Club Meeting:

Winnie O'Connor

2010 BVI Trip Coordinator BVICoordinator@pentagonsailing.org



Pentagon Sailing Club

Pentagon Sailing Club P.O. Box 23422 Washington, DC 20026-3422



Pentagon Sailing Club—The best recreational sailing opportunity in the region!!! WWW.pentagonsailing.org

Help Wanted Hal Moore

Volunteers are welcome in the Training Program. Whether you want to teach or just help out, please send a note to Hal Moore, the Training Commodore. A logistics assistant to assist with the River and Winter Training Programs would be great.

Hal Moore

Training Commodore

trainingcommodore@pentagonsailing.org

